

Buffet Menus Available

7 days a week

Please pop in, email or call us
for any assistance



Enjoy our food?

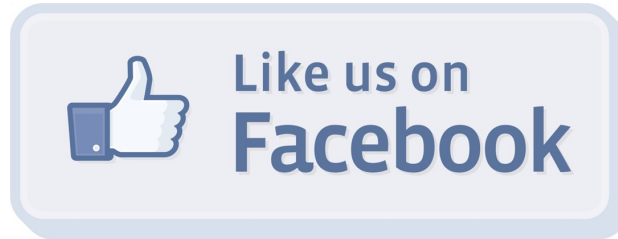
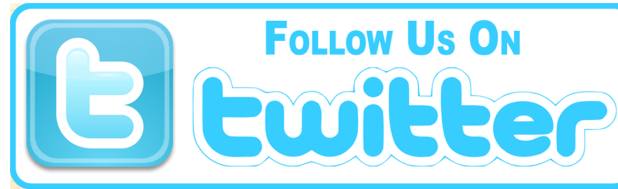
Why not enjoy one of our buffets in the comfort of next doors conference centre. Available for all types of events including training, board meetings and private hire.

www.qconferencecentre.co.uk

Don't miss your favourite filling of the week....

Don't miss the latest new goodies....

Do get entered for competitions....



Did you know?

We offer a baguette delivery service straight to your place of work.

Simply email us your requests the day before and have it delivered the next day.

For orders over £15 only, please ask a member of staff for more details.



The Baguette Shop

www.garnishcymru.co.uk

Tel: 01443 843534

Email: info@garnishcymru.co.uk

Main Avenue,

Treforest Industrial Estate

(Next door to Lloyds TSB)



The Specials

Salad Pots

Regular	£2.50
Large	£3.00
Quiche Bowl	£4.00

Add a Fruit pot to your salad for only £1.00



Garnish Cymru received a Gold rating in the 'All Wales Healthy Options Award'

Panini's

Cheese and Ham	£3.50
BBQ Pulled Pork & Mozzarella	£3.95
Chorizo & Mozzarella	£3.95
Mozzarella, Rocket & Tomato	£3.50

Jacket Potato's

A choice of fillings from £3.00

The Mains

Fillings	Bloomer	Baguette
	Sandwich	
Cheese Salad	£2.45	£2.65
Cheese & Chutney	£2.45	£2.65
Mixed Cheese	£2.45	£2.65
Egg Mayonnaise	£2.45	£2.65
Onion Bhaji & Mint Mayo		£2.95
BBQ Chicken	£2.75	£3.10
Chicken Tikka	£2.75	£3.10
Coronation Chicken	£2.75	£3.10
Ham & Cheese	£2.85	£3.25
Ham Salad	£2.60	£2.95
Ham & Welsh Mustard	£2.60	£2.95
Lamb & Mint	£2.85	£3.25
Turkey & Cranberry	£2.85	£3.25
Turkey Salad	£2.85	£3.25
Prawn Cocktail	£2.85	£3.25
Tuna Mayonnaise	£2.85	£3.25

LOOK OUT FOR FILLING OF THE WEEK

All recognised by:



The Beverages

Hot Drinks	Regular	Large
Tea	90p	£1
Espresso	70p	
Americano	£1.20	£1.50
Cappuccino	£1.40	£1.70
Latte	£1.40	£1.70
Hot Chocolate	£1.30	£1.60
Mocha	£1.60	£1.80

Bottled soft drinks

Choose from mineral water, fruit juices, milkshakes and fizzy

Ranging from only 85p to £1.40

The Extras



Add a Soft Drink and Crisps to 'The Mains'

For only £1.60 extra

Variety of confectionary available daily. Choose from fresh fruit, crisps, chocolate bars

